



January 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 New Years Day Office Closed	2 Hairdresser 10:30 Bean Bag Bowling 1:00 Crib 2:30 St. Matthew Church 3:30 Babbling Brook Review	3 Hairdresser 9:00 St. John Church 9:30 Tai Chi 9:50 Catholic Church 0:30 Yoga 1:00 Bingo 2:00-4:00 Recreated Cards 3:30 St. Pl. Library	4 Hairdresser 10:30 Fireside Reading 'Lords & Lepers' 1:00 Whist 7:00 CPS Singers	5 3:00 Hymn Sing
6 1:00 Hymn Sing	7 Ukrainian Christmas 9:00-2:00 Reflexology with Lise 9:30 M&M Health Check-WW 1:00 Sing-A-Long 3:00 Golf Card Game	8 10:00 Pool 10:30-4:30 River Cree Casino 10:30 Nutman 1:00 Rummy-O 6:30 Two Guys with Guitars	9 Hairdresser 10:00 Computer Chat 10:30 Shuffle Board Bowling 1:00 Schmear 3:00 Horse Racing 7:15 St. Pl. United Church	10 Hairdresser 9:30 Tai Chi 9:50 Catholic Church 10:30 Yoga 1:00 Bingo 3:30 St. Pl. Library 7:00 Poet's Society Poetry Night	11 Hairdresser 10:30 Fireside Reading 'Lords & Lepers' 1:00 Whist 'Wear Red'	12
13	14 9:30 M&M Health Check-FR 10:00 UNO 3:00 Golf Card Game 7:00 Women's Institute Loonie Bingo	15 8:30-4:30 Zita's Pedicure & Massage 9:30 Tai Chi 10:00 Pool 10:30 Yoga 1:00 Music with Kay 2:30 Baseball 'Residents vs Staff' 7:00 Vintage Country	16 Hairdresser 8:30-4:30 Zita's Pedicure & Massage 10:30 Bean Bag Bowling 1:00 Crib 2:30 St. Matthew Church	17 Hairdresser 9:00 Discover Hearing 9:50 Catholic Church 1:00 Bingo 3:30 St. Pl. Library	18 Hairdresser 1:00 Whist	19
20 2:00 Inspirational Moments	21 9:00-2:00 Reflexology with Lise 9:30 M&M Health Check-FR 10:00 Knifty Knitting 1:00-3:00 Biotime Shoe Sale 3:30 Golf Card Game	22 9:30 Tai Chi 10:00 Pool 10:30 Nutman 10:30 Yoga 1:30 Community Bible Study	23 Hairdresser 10:00 Gadget SOS 10:30 Shuffle Board Bowling 1:00 Schmear 3:00 Horse Racing	24 Hairdresser 9:30 Tai Chi 9:50 Catholic Church 10:30 Yoga 1:00 Bingo 3:30 St. Pl. Library 7:00 High Hopes Birthday Celebration	25 Hairdresser 9:30 Good Shepherd Church 10:30 Fireside Reading 'Lords & Lepers' 1:00 Whist	26
27	28 9:30 M&M Health Check-FR 1:30 Movie 'Dick Van Dyke Show'	29 9:30 Tai Chi 10:30 Yoga 1:00 Mural II 'Present' Senior Care Discussion with Artist James Mackay	30 Hairdresser 10:30 Bean Bag Bowling 1:00 Crib	31 Hairdresser 9:30 Tai Chi 9:50 Catholic Church 10:30 Yoga 1:00 Bingo 3:30 St. Pl. Library		